

We support a healthy community!

This newspaper is proud to participate in the Healthy Newz 4U education program at our local school.



healthy
NEWZ4U

Healthy Newz 4U is a health education program that provides Iowa's newspapers, schools and communities with current nutrition and wellness curriculum and information.

Visit **www.HealthyNewz4U.com**
for the latest health and wellness information.

The Healthy Newz 4U program is made possible with support from:



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