

We support a healthy community!

This newspaper is proud to participate in the Healthy Newz 4U education program at our local school.



healthy
NEWZ4U

Healthy Newz 4U is a health education program that provides Iowa's newspapers, schools and communities with current nutrition and wellness curriculum and information.

Visit www.HealthyNewz4U.com
for the latest health and wellness information.

The Healthy Newz 4U program is made possible with support from:



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