

# We support a healthy community!

This newspaper is proud to participate in the Healthy Newz 4U education program at our local school.



healthy  
**NEWZ** 4U

Healthy Newz 4U is a health education program that provides Iowa's newspapers, schools and communities with current nutrition and wellness curriculum and information.

Visit [www.HealthyNewz4U.com](http://www.HealthyNewz4U.com)  
for the latest health and wellness information.

*The Healthy Newz 4U program is made possible with support from:*



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